



B.K. BIRLA CENTRE FOR EDUCATION

SARALA BIRLA GROUP OF SCHOOLS
A CBSE DAY-CUM-BOYS' RESIDENTIAL SCHOOL

PERIODIC TEST 1 2025-26

ENGLISH

Class: IX

Date: 11.06.26

Admission no:

Time: 1hr

Max Marks: 25

Roll no:

General Instructions:

1. The question paper contains FOUR sections-READING, GRAMMAR & WRITING and LITERATURE.
2. Attempt questions based on specific instructions for each part.

SECTION A: READING .

(7 marks)

I. Read the passage and answer the questions

In recent years, the importance of mental health has gained significant attention across the world. While physical health has always been a priority, mental well-being was often overlooked or misunderstood. Today, people are beginning to realize that mental health is equally essential for leading a balanced and fulfilling life.

The pressures of modern living, including academic stress, work deadlines, and social expectations, have contributed to rising levels of anxiety and depression, especially among young people. The constant use of social media also plays a role, as individuals tend to compare their lives with others, leading to feelings of inadequacy and low self-esteem.

However, there has been a positive shift in attitudes. Schools and workplaces are now encouraging open conversations about mental health. Counselling services, helplines, and awareness campaigns are becoming more accessible. People are also learning the importance of self-care practices such as meditation, exercise, and maintaining healthy relationships.

Despite these improvements, challenges remain. Stigma surrounding mental health still prevents many individuals from seeking help. Therefore, it is important to create a supportive environment where people feel safe to express their emotions without fear of judgment. Only then can society truly progress towards holistic well-being.

1. What is the main idea of the passage?

- a) Physical health is more important
- b) Mental health is gaining importance
- c) Social media should be banned
- d) Schools are stressful

2. What has increased among young people?

- a) Happiness

b) Physical strength

c) Anxiety and depression

d) Wealth

3. What contributes to low self-esteem?

a) Exercise

b) Meditation

c) Social media comparison

d) Reading books

4. What is needed to improve mental health awareness?

A supportive environment where people can express their emotions freely without fear of judgment is needed to improve mental health awareness.

5. Find a word from the passage that means "a negative social attitude".

Stigma

6. Find a word that means "complete or overall".

Holistic

7. Write few causes of stress mentioned in the passage.

Some causes of stress mentioned are academic pressure, work deadlines, social expectations, and excessive use of social media

SECTION B: GRAMMAR

(4 marks)

II. The following passage has the word omitted in each line. Find out the missing word and write it down. (0.5x4=2)

When I boarded the examination a physical test endurance **was** compulsory. They **asked** me to run as they timed me. The examiner was not **satisfied** and said I would have **to** run again.

III. Change the following into indirect speech.

(1x2=2)

a. Rohit: Can you lend me your book?

b. Sahil: I will give it to you tomorrow.

Rohit asked Sahil (i) **if he could lend him his book.**

Sahil replied (ii) **that he would give** it to him the next day.

SECTION C: WRITING SKILL

(4 marks)

IV. Write any of the following:

a. Write a formal email to the manager of a bookstore requesting information about the availability of a particular book.

From:

To:

Date:

Subject: Request for Information Regarding Availability of a Book

Respected Sir/Madam,

I hope this email finds you well. I am writing to inquire about the availability of a particular book in your bookstore. I am a student and require the book [Book Title] written by [Author's Name] for my academic studies. I have been trying to locate this book and would like to know whether it is currently available in your store.

If the book is in stock, I would be grateful if you could provide me with details regarding its price, edition, and any applicable discounts. I would also like to know if the book can be reserved in advance or purchased online through your bookstore's website or delivery service.

In case the book is not currently available, kindly inform me whether it can be ordered and how long it would take to restock. Any additional information regarding similar or recommended editions would also be appreciated.

I would be thankful for your prompt response as it will help me in planning my studies effectively.

Thank you for your time and assistance.

Yours sincerely,

Name

OR

b. Write an application to your Principal requesting permission to participate in an inter-school debate competition

To

The Principal

[School Name]

[City]

Subject: Request for permission to participate in an inter-school debate competition

Respected Sir/Madam,

I hope you are doing well. I am writing to kindly request your permission to participate in an inter-school debate competition that is going to be held at [Venue/School Name] on [Date]. I have been selected to represent our school in this prestigious event.

The competition will bring together students from various schools and will provide a great opportunity to enhance my speaking skills, confidence, and overall personality. It will also help me learn new ideas and improve my ability to express opinions effectively.

I assure you that I will make every effort to maintain discipline and bring pride to our school through my performance. I will also ensure that my academic work does not get affected.

I kindly request you to grant me permission to participate in this competition.

Thank you for your time and consideration.

Yours obediently,

Name

Class

SECTION D: LITERATURE

(10 marks)

V. Answer any two of the following questions in about 40 -50 words.

(2×2=4)

- a. Explain the role of the granddaughter as a teacher. How did she help her grandmother succeed?

The granddaughter plays an important role as a patient and supportive teacher. She helps her grandmother learn how to read and write. She begins with basic alphabets and gradually teaches her step by step, showing great patience and care.

- b. What message does the poem The Brook convey about nature and life? Explain in detail.

The poem The Brook conveys the message that nature is eternal, continuous, and unchanging, while human life is temporary. The brook flows endlessly from the hills to the valley, facing many obstacles but never stopping. This shows the power of persistence and determination.

It also symbolizes life's journey, where challenges come and go, but one must keep moving forward.

- c. Write down the sights and sounds used in the poem The Brook.

In the poem The Brook, various beautiful sights and sounds are described. The brook is seen as sparkling and flowing through fields and flowers along its banks. Pebbles and stones can be noticed in its path, and sunlight reflects beautifully on the moving water. Along with these sights, the poem also highlights the soothing sounds of nature.

VI. Answer any two question from the following in about 60-80 words.

(2×3=6)

- a. Explain the importance of determination and education in the story. How do the grandmother's actions inspire others?

The story highlights the importance of determination and education through the journey of the grandmother. Despite her old age and initial inability to read and write, she shows strong determination to become literate. With consistent effort and the guidance of her granddaughter, she learns step by step without giving up. This shows that age is not a barrier to learning if one is determined. Education gives her confidence and independence. It helps her read on her own and feel more

- b. "The brook is a symbol of the continuous flow of life." Explain this idea in detail with reference to the poem.

The brook in the poem represents the continuous flow of life. It keeps moving forward without stopping, just like life which goes on despite challenges. The brook passes through hills, fields, and stones, showing that life also has ups and downs. It never stays in one place, symbolizing change and movement. The poem conveys that, like the brook, life is always moving forward, and time never stops.

- c. Describe the journey of the brook from its origin to where it joins the river. How does the poet, Alfred Lord Tennyson, use imagery and poetic devices to bring the brook to life?

In The Brook, Alfred Lord Tennyson describes the brook's journey from a mountain spring, flowing swiftly through valleys, over rocks, and past fields and villages before joining a river. He uses

personification, making the brook speak like a living being, and vivid imagery such as “chatter” and “babble” to create sound and movement. Devices like alliteration and repetition highlight its lively, continuous flow.